

## Democracy for Seniors

**Virtual Meeting Adaptation:** Troop leaders have shared that the most successful virtual meetings allow plenty of time for games and socialization. Consider splitting this meeting into five sessions using this framework.

**Meeting Framework: 5 meetings, 90 minutes each**

General Sequence	Meeting 1	Meeting 2	Meeting 3	Meeting 4	Meeting 5
Welcome	Opening Ceremony (5 min)	Opening Ceremony (5 min)	Opening Ceremony (5 min)	Opening Ceremony (5 min)	Opening Ceremony (5 min)
Program Activity	<b>Select an activity: (30 min)</b> Visit Your Town Hall, City Hall, or Mayor's Office Talk to an Expert Go to a City or Town Hall Meeting	<b>Select an activity (30 min):</b> Visit Your State Capitol Building Compare Your State Explore an Election	<b>Select an activity (30 min):</b> Write a Letter Build a Budget Make a Game	<b>Select an activity: (30 min)</b> Rethink an Election Compare Governments Explore the Electoral College	<b>Select an activity: (30 min)</b> Judge a Justice Look Into Term Limits Go to Court
Social Activity	"My State"-themed cupcake or cookie-decorating challenge (45 min)	Two truths and a fib game (45 min)	Pictionary (45 min)	Suffrage Centennial Patch or Promote the Vote project (45 min)	Suffrage Centennial Patch or Promote the Vote project (45 min)
Closing	Closing Ceremony: Choose your activities for next time (10 min)	Closing Ceremony: Choose your activities for next time (10 min)	Closing Ceremony: Choose your activities for next time (10 min)	Closing Ceremony: Choose your activities for next time (10 min)	Closing Ceremony: Friendship Circle (5 min)