



# **2024 Resident Camp Information Packet**

General Camp Info: 800.236.2710 | <u>info@gsbadgerland.org</u> Call Camp Ehawee: 608.406.2090 (June 16 – August 9)



GIRL SCOUTING BUILDS GIRLS OF COURAGE, CONFIDENCE, AND CHARACTER WHO MAKE THE WORLD A BETTER PLACE.

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# PLEASE READ THE ENTIRE PACKET.

ALL forms must be completed in CampDoc before they come to camp.

## **Welcome Camp Ehawee Resident Campers**

Exciting adventures await!

At Camp Ehawee, whether they are combing Crystal Creek for frogs or putting on a play at Stry Stage, each camper is collecting memories and creating friendships that will last a lifetime. Activities like archery, swimming, arts and crafts, games, and songs aren't just fun at camp. They are the foundations for building courage, confidence, and character in every Girl Scout.

This packet has all the info to prepare your camper for a terrific camp experience. Please read it and let us know if you have any questions.

Thank you for choosing to share some of your summer with us at Girl Scout camp.

Happy Camping!

Bill Pierro aka Wild Thing

Badgerland Camp Experience Director

### Who to Contact with Questions about Camp

Badgerland Customer Care Team 800.236.2710 info@gsbadgerland.org

## **American Camp Association**

The health and safety of campers attending Badgerland camps is our utmost concern. We constantly assess and enhance our training and safety standards to provide a safe camping experience. Badgerland camps meet the highest standards set by Girl Scouts of the U.S.A. and the American Camp Association. ACA accreditation is earned only after successfully meeting ACA's high standards encompassing 300 areas of review. The strict requirements necessary to earn accreditation are recognized nationally and are often equal to, or stronger than, those from local or state officials. Learn more at acacamps.org.



## **Daily Camp Schedule**

This is a sample schedule that varies depending upon your camper's program and the day's activities/ weather.

7:00am	Early Morning Activities (optional)	6:00pm	Dinner
7:15am	Rise and Shine!	6:45pm	All Camp Kapers
7 <b>:</b> 45am	Morning Flag Ceremony	7:00pm	Evening Program
8:00am	Breakfast	8:30pm	Get Ready for Bed
8:45am	All Camp Kapers	9:30pm	Lights Out*
9:00am	Activities		
Noon	Lunch		
1:00pm	Cabin Time	4m• 1• •	
2:00pm	Activities (Snack On-The-Go at 3)	*Times adjusted for older campers and programs with evening/ night activities.	
5:45pm	Evening Flag Ceremony		

#### **Flag Ceremony**

Campers may get the chance to be part of the color guard in our morning or evening flag ceremony. Six different guard attendants for each ceremony.

#### Kapers

Kapers are chores done daily at camp. By doing Kapers around camp and in their unit, campers learn responsibility and respect for their environment. Kapers may include sweeping, trash pickup, wiping table or a variety of other chores.

#### **Camp Program Activities**

Can include: swimming, canoeing, archery, Trading Post, creek hopping, art, nature, performing arts, sports, hiking, cooking, dancing, all camp games and activities specific to a camper's program.

#### Cabin Time

Quiet time after lunch back in the camper's sleeping unit. Campers take this time to rest, write letters home, play cards with other campers or read. It is a great break in the day for campers to rest up for the afternoon.

#### Snack

Every afternoon at camp we have a healthy snack. Favorites of campers include: apples and peanut butter, pretzels and goldfish, or grapes and bananas.

#### Preparing for Bed/Quiet Time

Any night time medications are given at this time by Camp Ehawee's Health Supervisor. Campers and staff brush their teeth and change into their pajamas. Some choose to read quietly or write letters home before going falling asleep. Our sleepiest campers will start to doze off after a busy day.

## **Adjusting to Camp**

Homesickness may occur when a child is separated from their normal support system. It is quite natural for children to miss home when they are away, particularly during meals and at bedtime. In fact, learning how to handle separation is an appropriate developmental task. The feeling usually passes in a day or two, and the camper enjoys the rest of the session, for they have made new friends and has gotten more involved in camp activities.

Parents and guardians may receive a sad, lonesome and tearful first letter from their camper. We encourage you to call the Camp Director if you receive one and are concerned. Your encouraging attitude before and during camp will help prevent homesickness. Family and friends from home are encouraged to write short, cheerful letters (see Contacting Your Camper, <u>page 12</u>). Each camper handles homesickness differently. Some need to talk about home and some need to talk about camp activities. Some need to be smothered in hugs and some don't. The counselors are trained to work with each camper to find what will help be.

Here are some hints to help prepare your camper for their stay:

- Discuss what camp will be like prior to your camper leaving. If you're learning about camp for the first time, take advantage of our knowledgeable staff. We are happy to talk to you and your camper prior to camp.
- Pack a personal comforting item from home, such as a stuffed animal.

If you receive a call, offer calm reassurance and put the time frame into perspective. This type of call is not common, but occurs when a camper does not respond to the staff's attempts to help them adjust, make friends, or enjoy being at camp. You will be contacted by the Camp Director to schedule this call and discuss the situation prior to talking to your camper. Talk candidly with the Camp Director to obtain their perspective on your camper's adjustment. For many children, camp is the first step toward independence and plays an important role in their growth and development. It is okay to encourage your camper to stay at camp. Our priority is the health and well-being of every camper.

### **Camp Care Kit**

Surprise them with a Camp Care Kit given to them on the first day! The \$40 kit is loaded with fun items, including something to carry items around camp, something artsy, a water bottle, something for fun in the sun, and something plush to cuddle at camp. All the goodies are packed in a cute bag to carry it all. Order a Camp Care Kit here.

## **Living Units**

All housing assignments are provided when your camper checks in at camp.

### Cabin

Each log cabin features eight log bunk beds, a ceiling fan with light, covered porch, an activity table and separate counselor accommodations. The lodge has two large bunkrooms with an inside bathroom and showers. There is also a common area for program activities. The units are where campers spend Me-Time at Camp Ehawee. During Me-Time you can read a book, write a letter home, make friendship bracelets and spend time chatting it up with your new friends.

### Night Sky Lodge

Our youngest campers tend to stay in our lodge. It has all the creature comforts they are used to at home, with their bathrooms and showers in the building.

### **Unit Houses**

Each unit also has a Unit House which features an indoor activity area, running water, electricity, activity box and outdoor cooking necessities. You and your buddies can enjoy rainy-day camp activities and sing camp songs while crafting from the activity box. During cookouts, campers use the Unit House as a food preparation area and dish washing station.

### **Bathrooms**

There is a bathroom facility in each unit with three flushing toilets and six hand sinks. Campers shower indoors at the Pool House.

### **Buddies**

Campers can request up to 3 buddies to share living space with by completing the request when entering information into your <u>CampDoc profile</u>. You can also request your troop to all stay in the same cabin together.

## **Before Camp Checklist**

Name of Camp Program:

Camp Start Date:

Camp End Date:

### 1 Month Before Camp - Get Those Forms Completed!\*

- $\Delta$  Camp session fees paid in full by June 1 (page 15)
- $\Delta$  Health Information completed through <u>CampDoc.com</u>
  - Camper Background Information completed through CampDoc
  - Camper Release Information completed through CampDoc
  - Code of Conduct 2024 downloaded, read and signed, then uploaded to CampDoc
  - Confirm any accommodations needed for behavior, health, or dietary needs in CampDoc
- $\Delta$  Speak with your child's doctor about getting a travel size of any prescription medications

### 2 Weeks Before Camp\*

- Δ Make any final changes/updates to health information completed through CampDoc.com
- △ Start writing letters for your camper. These can be dropped off in our camp mailbox at check-in or sent by mail. If sending by mail, send 2 weeks early to ensure your camper gets their letters while at camp. For information on communicating with your camper (page 13)
- $\Delta$  ~ Talk to camper about applying bug spray ~
- $\Delta$  Talk to camper about applying sunscreen
- $\Delta$  Talk to camper about ticks, what they look like, and how to check for them (<u>page 10</u>)
- $\Delta$  Complete the *Letter to My Counselor* and submit (<u>page 19</u>)
- $\Delta$  Review packing list and identify items you might need to purchase (page 16)

### 1 Week Before Drop-Off\*

- $\Delta$  Pack! LABEL all of your campers' belongings. Use the packing list provided (page 16)
- △ Place Trading Post money in an envelope with the camper's name and amount to drop at check-in (page 11)
- $\Delta$  Place medications in <u>original containers</u> in a Ziploc bag with the camper's name to drop at check-in (<u>page 8</u>)
- $\Delta$  Revisit applying bug spray, sunscreen, checking for ticks, and how they feel about going to camp.
- $\Delta$  If you haven't yet, write letters to your camper to be dropped off at camp (please be aware putting them in the mail at this point will not allow your camper to get their letters while at camp.)
- $\Delta$  Review <u>driving directions to camp</u>

### Day of Drop-Off

- $\Delta$  Pack car including campers' luggage, medication, Trading Post dollars, and possibly the letters from you.
- $\Delta~$  Review the "Week Before Drop-Off" checklist above to ensure all steps are complete.
- $\Delta$  Leave in plenty of time to arrive at Camp between (3-5pm) and make <u>directions to camp</u>.
- $\Delta$  See you soon.

\*CHECK FOR HEAD LICE. A helpful resource is <u>www.cdc.gov/parasites/lice/head/</u> or see page 10. It is recommended to do checks routinely between now and camp departure. Campers with head lice are not permitted to attend camp.

## **Camper Paperwork & Health Information**

### CampDoc.com

Badgerland Camps use <u>CampDoc.com</u> for online health and related camper background records. Camp Staff will review your camper's health and dietary needs prior to attendance. This allows us to adequately prepare for all of our camper's needs and/or accommodations and reach out with any clarifying questions. Campdoc must be completed 3 weeks prior to your camper's summer session.

Visit <u>CampDoc.com</u> for more details on their system and security measures.

### Important

You will receive a "Welcome Email" with information about how to complete your camper's health information and other forms.

- Click the link in the email to set the password for your CampDoc.com account.
- Follow the instructions and complete or update the information for your camper. Alerts will appear for any missing required information.
- Download and upload any required documents to your CampDoc.com account.
- Return to CampDoc.com at any time to make changes/updates to your camper's health information before camp begins.

### **Physical Exams**

A medical physical exam is required for all campers <u>staying three nights or longer</u>. The exam must have occurred within 24 months prior to attendance at camp. Although the exam can be up to 24 months prior, *a new form signed must be signed by a medical professional each year*.

Forms signed by a medical professional should be uploaded to <u>CampDoc.com</u>. According to state health regulations, health exams may be given by a qualified nurse practitioner, physician's assistant, or registered nurse (RN) working in cooperation with a licensed physician. Copies of school or sports physicals are acceptable if they meet the above requirements and provide all of the necessary information from the physician.

### **Medications**

- All medications brought to camp, prescription and over-the-counter, must be listed in CampDoc.com
- All medications are given to the Health Supervisor (Camp Nurse RN) on opening day and dispensed by the Health Supervisor or a certified medical professional during the camp session (asthma rescue inhalers and epi-pens are kept with the camper and counselor at all times).
- ALL medications must be in their original containers and must be labeled with the pharmacist's label, showing the camper's name and directions for use. (Ask your doctor about requesting travel sizes of prescription medications.) This includes vitamins and over-the-counter medications. Without this, the medication cannot legally be given to your camper.
- The Health Office has first aid supplies as well as over-the-counter medications such as Children's Tylenol, Ibuprofen, Benadryl, Tums, Pepto-Bismol and head lice shampoo. Do not send these medications.
- Ensure medications are accessible to be turned in to the Health Supervisor at check-in.

### **COVID Protocol**

- Girl Scout safety is always our top priority. COVID-19 vaccines are strongly encouraged, but not required, for members attending Girl Scouting events including summer camp and other Badgerland overnight activities.
- For the duration of 2024, Badgerland reserves the right to mandate vaccinations for program attendees in the event of updated protocols recommended by county, state, or federal health agencies. In the event of a change in policy that impacts your program, refunds will be available.
- Do not attend if you are experiencing COVID symptoms.

## Their Safety is the Top Priority

All camp staff complete a 14-day training period that includes: Girl Scout Safety Activity Checkpoints, Girl Scout Safety Guidelines, American Camp Association (ACA) Standards, WI State Standards, Emergency Procedures, Behavior Management, Homesickness, Child Abuse Awareness, Risk Management, On-site and Off-site Trip procedures, fire building and extinguishing training, Diversity training, and Waterfront/Pool Safety. Additional training is required for staff working at the waterfront, archery and leading trips. All staff are certified in a minimum of First Aid, CPR and automated external defibrillators (AED). Camp Ehawee's Health Center is equipped with an AED, first aid supplies and emergency equipment.

Campers learn about camp emergency procedures within the first 24 hours of arrival, and participate in an emergency drill during their stay. Campers learn about our severe weather procedures and where to go during an emergency. The camp has three weather radios (two are portable) located in the Camp Office, Director's Housing, and Camp Health Center. Along with utilizing the weather radios to monitor the weather, local officials and Girl Scout office staff will contact camp to inform us in the event of approaching severe weather.

Visitors to camp are met by camp staff and escorted to the Camp Office where they are issued a visitor tag, and escorted by a staff member around camp. ALL staff members have a 2-way radio for constant communication.

The camp staff will contact parents about their camper in the event of:

- Significant or extensive homesickness that affects the camper's ability to enjoy the camp experience.
- Illness or injury that requires care from a doctor or hospital.

### **Outdoor Safety**

Here are helpful hints on how you can help protect your camper while they're living and playing in the woods:

- Encourage body cover (long pants, shirts, socks, hats) as appropriate for the weather and activities.
- Apply an insect repellent containing 10-30 percent DEET (recommended for children) and up to 50 percent DEET (for adults). Reapply per package directions throughout the duration of the activity. We recommend spraying the repellent on clothing rather than skin when feasible.

#### Lyme Disease

In Wisconsin, Minnesota, and the eastern coastal states, this bacterial disease is transmitted to people and animals by the bite of the deer (bear) tick (*Ixodes dammini*).

#### West Nile Virus

West Nile Virus is now in most of the United States. The most frequent way people become infected is through the bite of an infected mosquito.

For additional information about Lyme Disease and West Nile Virus, contact your local Public Health Agency or:

- Wisconsin Department of Natural Resources: 1.888.936.7463 or www.dnr.state.wi.us
- Wisconsin Department of Health & Social Services: 608.266.1865 or http://dhs.wi.gov

### Important to Note

Part of what campers are learning at camp is to take personal responsibility for themselves and learn independence. While we ask that campers take personal responsibility to use insect repellent, sunscreen, and wear appropriate clothing, camp staff will remind them frequently to use it and to make sure they are wearing clothing appropriate to the activity they are participating in. If your girl needs additional assistance at camp, they will be helped by the Camp Nurse.

### **Head Lice**

Since head lice are highly contagious, please perform periodic checks on your camper before their departure date. It can be very disappointing for campers if head lice are identified during check-in. If a camper is found to have nits or lice, they will not be permitted at camp. To avoid this, ensure checks are done leading up to check-in day, allowing time for treatment if necessary. Visit <u>www.headlice.org</u> for more resources.

At Badgerland Camps, we follow the National Pediculosis Association (NPA) guidelines. If a camper is found with lice, they will not be allowed at camp until treatment is completed and no lice are found. Once clear, they may rejoin.

Regarding refunds, we offer:

- The option for the camper to join another week of camp.
- Reimbursement for time missed from the camp session, with full refunds available.

We have UW Madison medical students conducting individual lice checks in a privacy tent during checkin. They change gloves and lice combs for each child and are supervised by Nicole, our registered nurse and residential health officer.

### **Check In & Check Out Times**

#### Check-In: 3-5pm @ Camp Ehawee

Follow the signs for check in when you arrive on Camp property. Check in with the staff. Campers will receive their housing assignment and receive a wristband to wear while at camp. Turn in medications, Trading Post dollars and any mail you are dropping off.

**Check-Out / Pick Up:** 11am-Noon @ Camp Ehawee **MINI sessions** pick-up is 3-5pm Arrive at the time listed. When you arrive, you will be directed where to go to check-out your camper with staff. All persons picking up campers, parents included, will be expected to show a photo ID at the time of pick up.

## **Driving to Camp**

Check-In: 3-5pm @ Camp Ehawee

Leave plenty of time to get to camp between 3-5 on your campers first day! Plan ahead for construction and summer travel slowdowns on the interstate.

Pro Tip: Print the directions (Page 16) because GPS around camp is iffy and you don't want to get lost on those country roads!

## **Swimming & Canoeing**

All campers are required to complete a swim check before participating in swimming/boating activities.

### **Swim Check**

The swim check is designed to help the waterfront staff determine a camper's swimming ability and where they may safely swim in the swimming area. Each camper is required to demonstrate their level of comfort in the water and swimming skills. Depending upon the results of the swim check, campers are allowed to swim in both the shallow and the deep water or swim in the shallow area only.

### **Canoe Tip Check**

Campers who wish to use canoes or kayaks during boating time at the slough must participate in a tip test for the selected watercraft. The purpose of the tip check is to teach campers what to do in case they capsize. In the canoe tip check, two campers wearing life jackets, accompanied by a staff person and supervised by a lifeguard, tip their canoe. Campers then learn to turn the canoe back over, climb back in, and paddle to shore. Completion of the tip check enables a camper to use the canoes as a part of their camp activities.

## **Trading Post**

The Trading Post stocks, fun items, camp souvenirs-friendship jewelry, games, stuffed animals and more. Prices range from \$2-\$45. No food items are available for purchase.

Your camper may bring spending money to shop at the Trading Post.

Payment Options:

• Place cash and/or Badgerland Bucks card in an envelope with your camper's name on it. This is turned in at check-in.

If you have more than one camper attending camp, send separate envelopes. Note: If you are a Girl Scout outside of Badgerland, contact us in advance about spending your council's version of Badgerland Bucks at camp.

Any unused Trading Post money will be returned to you in your campers take home envelope. Please do not mail spending money to your camper during their stay at camp. It can very easily be misplaced or lost.

## **Camp Food**

Eating properly is an important part of a great camp experience. Good nutrition combined with great tasting food makes a happy camper! Meals are eaten family-style in Hope Lodge with at least one staff member at each table.

Our menu is full of camper friendly items. Here is an **example** of what a daily menu might look like:

- Breakfast: Scrambled eggs, sausage links, hash browns, grapes and milk (2% and whole milk option)
- Lunch: Chicken nuggets, tater tots, applesauce, and milk or juice option.
- Dinner: Spaghetti with veggie sauce, garlic toast, and milk or juice option.

Every day at breakfast, in addition to our hot meals, we offer cold cereals and toast. At lunch and dinner sandwiches are always an alternative to the main course being served. Salads can also be made available for lunch and dinner upon request.

#### **Food Accommodations**

We are experienced at accommodating special food needs in an inclusive way. We offer food options that match the main meal for all campers whenever possible. If your camper has food restrictions or allergies, please note that with their <u>CampDoc</u> profile. Additionally, if your camper has a medical or religious restriction make sure to include that information in their <u>CampDoc</u> profile.

#### **Don't Send Snacks**

Please do not send snacks or candy to camp. Snacks and candy attract wildlife. Our Food Service Manager arranges for healthy, tasty snacks for the campers. If a camper becomes hungry between meals, there are always snacks available at the Dining Hall. Your camper just needs to tell their counselors and they will be more than happy to get them a snack as soon as possible.

## **Contacting Your Camper While They're at Camp**

### Letters

Cheerful letters from home can make their day. The first two days are the greatest adjustment days. Mail letters before your child arrives *or drop them into our camper mailbox during check-in.* 

Send letters to:

<Camper's Name> | Program Name & Date | Camp Ehawee | N9581 Wild Road | Mindoro, WI 54644

Campers are encouraged to write home during "cabin time." Consider sending pre-addressed and stamped envelopes with them. Our counselors also help campers address their letters too.

Topics to write about:

- How much fun you know your camper is having.
- Cheery, funny things that have happened.
- Let them know you love them, but stress the great experience they are having and how they can teach you some of the things they learned at camp.

Topics to avoid:

- Sad or upsetting news about family, friends or pets.
- How terribly you miss them or statements that may bring on homesickness or a feeling of being left out.
- Family events that just weren't the same without them.
- Please do not ask your camper to call you.
- Do not to send candy, gum or food as it attracts animals/bugs in the units.

### Email

This summer Camp Ehawee has no-cost one-way email service for families of resident campers. Send camper email to CampEhawee@gsbadgerland.org by 11am on the day you wish your child to receive the email. Provide your camper's name and program in the subject line. *Note: Please do not use this email for communication with the camp staff.* 

### **Emergencies and Contacting Camp Outside of Business Hours**

If you need to reach Camp Ehawee outside of Girl Scout business hours, call Bill Pierro at 608.406.2090.

If it's an emergency, outside of business hours, call these numbers until you reach someone:

- 608.406.2090 Bill Pierro
- 608.237.1142 Nick Harnish
- 608.630.3281 Christy Gibbs
- 260.804.0587 Lisa Smith

## **Parent Communications**

Before, during and after camp we will put additional and reminder information out through direct emails, <u>www.gsbadgerland.org</u>, and social media channels. Make sure that you have 'opted in' for emails in your <u>My GS account</u> at gsbadgerland.org. This will ensure that you don't miss any email reminders that we distribute.

#### Rallyhood

Information before camp and during their camp will be shared on our new, safe, private information site called Rallyhood. You will receive an invitation to join your camper's Rally to follow along with other camper families through the week.

## **Cell Phones and Phone Calls**

Cell phones are not permitted at camp. Please make sure your camper does not bring any device like this to camp. As a parent, you are always welcome to call or email the camp office (608.406.2090) at any time and inquire about how your camper's time at camp is going. As their counselors know them best, we will check with your camper's staff at the next mealtime and give you an update via phone or email within 24 hours.

## Laundry

Campers attending for one week or less do not have access to laundry facilities except for emergencies. A washer and dryer are on-site in the event a camper's clothing or bedding need to be cleaned or dried. For most drying needs, clotheslines in the sleeping units are sufficient.

## **Lost and Found**

Lost or forgotten items may be picked up at the Girl Scout Service Center in Madison through August 31. Items can also be shipped at the expense of the camper's family. After August 31, they will be given to charity and no longer available. <u>Please label belongings clearly and do not send items that are expensive or of great personal value.</u>

## **Visiting Camp**

Parents/Guardians may not visit camp once their camper's program has begun. One of the goals of camp is to help girls become more self-confident and independent. Parents/Guardians are welcome to tour camp with your camper upon check-out.

## Accommodations

As a Girl Scout Camp, we do everything that we can to accommodate camper needs and providing Girl Scouts with an excellent camping experience. We request that you inform the Camp Director of your camper's needs prior to them attending camp by providing complete information in <u>CampDoc</u>. This provides us the opportunity to work together to ensure your camper's needs are met. We request that you contact us with information on any special needs no less than 1 month prior to camp attendance or immediately upon registration if after that date. Contact information is located on the front cover of this packet.

## **Financials**

#### Deadlines

<u>Full payment for all campers is due by June 1</u>. If the balance is not paid, your camper will not be permitted to check in on the day of camp. Payments must be made in advance. Payments cannot be accepted on-site.

#### **Making Payments**

Pay your balance by logging in to your <u>My GS</u> account or call us for payment support: 800.236.2710. Additional follow-ups will occur beginning in May for camper accounts with a balance. Payment followup is by phone and/or sent electronically to the email associated with the camper's Girl Scout account. Badgerland Bucks may be used to pay camp attendance fees. All payments should be made online, or dropped off, or mailed to:

Customer Care | Attn: Camp | GS of WI-Badgerland Council | 4801 S. Biltmore Lane | Madison, WI 53718

#### **Paying with Badgerland Bucks**

Complete the <u>Badgerland Bucks reimbursement form</u> or contact us: 800.236.2710.

## **Deposits, Cancellations and Refunds**

No matter when registration is made, <u>the registration deposit amount is non-refundable</u> unless the program is cancelled by Badgerland Council. In the event of program cancellation, you will be contacted one month prior to the start of the program and provided options for your camper's summer experience.

If you have a change in plans and your camper cannot attend camp, contact us at 800.236.2710 or <u>info@gsbadgerland.org</u>. Failure to notify Badgerland will make your camper ineligible for any refund. Please review the cancellation and refund policy below.

#### **Refund Policy**

Refunds will be issued in:

- The event of illness or critical family emergency if Badgerland is notified prior to the start of the session. In case of illness, a written refund request (including a statement from the attending physician) must be submitted within one week.
- Cancellations received in writing at least three weeks before the start of the session are eligible for a refund, less the deposit.
- Full fees, including deposit, will be refunded in the unlikely event the program is canceled.
- Campers who leave early due to homesickness, parental request or Code of Conduct violations are not eligible for refunds.

## **Camper Code of Conduct**

Camper behavior is important to camper safety. All campers must abide by our camper Code of Conduct found on <u>CampDoc</u>. It is up to you, as the parent/guardian, to go through this information and make sure your camper understands it. You, as the parent/guardian, are also responsible for understanding the consequences and responsibilities if your camper does not abide by the agreement. As a result of a violation of this agreement, a camper will be asked to leave camp at the parents' responsibility and expense.

## **Packing List**

Campers are responsible for all items brought to camp. **Mark belongings with camper's name in ink or with name tape to prevent loss.** Limit luggage to one suitcase, Rubbermaid bin, or duffle bag; one backpack/small bag and a sleeping bag. Bring the essentials but make sure not to over pack. All camper gear is transported to the unit by the camper and whoever brings them to camp.

Camp Ehawee is not responsible for lost, damaged or stolen items.

#### CLOTHING

- T-shirts (1 per day)
- Sweatshirts (2-3 based on length of stay)
- Shorts (1 per day)
- Jeans, wind pants or sweatpants (2-3 based on length of stay)
- Socks (1 pair per day, plus 2 extra)
- 2 pair close-toed shoes (either athletic shoes or hiking boots)
- Pajamas (no undergarments showing)
- Undergarments (one per day)
- Swimsuit (1 or 2) and beach towel
- Hat or bandana
- Rain jacket or poncho
- Shower/water shoes (flip flops or water shoes)
- Fun costume for Spirit Day (optional)
  - Monday is Costume Breakfast. Campers can bring a fun costume to wear or they can borrow one from our costume closet.

#### GEAR

- Pillow and pillow case
- Warm sleeping bag or sheets and blanket
- Flashlight or headlamp with extra batteries
- Water bottle
- Laundry bag for dirty clothes
- Small backpack to carry gear to/from shower
- Medication/vitamins (pack separate to turn in at health check)

#### PERSONAL CARE

- Shower towel and washcloth
- Body soap
- Shampoo and conditioner
- Toothbrush and toothpaste
- Brush or comb
- Sunscreen and lip balm
- Mosquito repellent (non-aerosol only) Camp Ehawee Resident Camp Information Packet

### **OPTIONAL ITEMS**

- Camera and film
- Digital camera
- Lotion
- Stationery/Envelopes/Stamps
- Pens
- Journal
- Cards or quiet games
- Girl's Guide to Girl Scouting/Journey Book(s)
- Compass
- Something to read
- Stuffed animal
- Money for Trading Post packed separately (optional)

#### DO NOT SEND THESE ITEMS

- Cell phones/smart phones (page 13)
- iPod/MP3 player
- Candy or food (<u>page 11</u>)
- Sandals, including sport sandals or shoes with openings unless otherwise noted on the packing list
- Halter tops with open backs
- Personal items, such as jewelry
- Pets
- Lighters or matches
- Weapons of any type—pocket knives are provided at camp for supervised program use.

### WHEN YOU GET HOME

Check their belongings for missing items!

## **Directions to Camp Ehawee**

Camp Ehawee N9581 Wild Road Mindoro, WI 54644 608.406.2090

GPS can be unreliable in some areas. Please print a copy of these or other door-to-door directions to ensure you arrive on-time as planned.

There are other routes to Camp Ehawee. This route provides the simplest set of directions.

### **From the South**

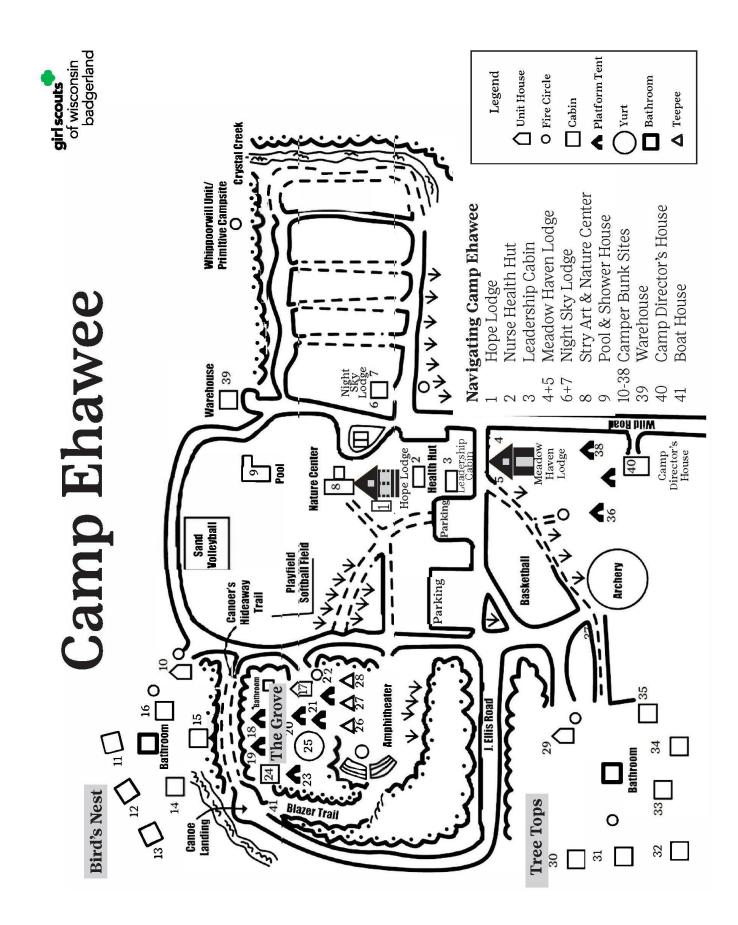
The trip is around 150 miles and takes about 21/2 to 3 hours when starting in the Madison area.

- Take I-90 W toward Tomah/La Crosse Go left at I-39 split and the I-94 split
- Take Exit #28 (Sparta) off of I-90 onto WI-16 W
- Turn **right** onto WI-71 W/North Black River St. (Major 4-way intersection with Walgreens on the right). Travel appx 9 miles.
- Turn left and continue to follow WI-71 W where WI-27 continues north. Travel 7.6 miles.
- WI-71 ends in a T at State Rd. 108.
- Turn left and take State Rd. 108 S for 4.2 miles
- Continue straight onto County Rd C for about a half mile. (If closed for construction, follow the detour.)
- Turn **right** onto County Hwy Q and travel 3.4 miles.
- Turn **right** onto Wild Rd. (after the cows) and travel to the end of the road into camp.
- Turn left and park in the large parking lots.

### From La Crosse

The trip is around 25 miles and takes about 35 minutes.

- Head East on Hwy 16 towards West Salem
- In West Salem take a **left** onto County Rd M
- Follow County Rd M through 3 stop signs: first stop sign is a **right** 
  - second stop sign is a **left** then **quick right**
  - third stop sign is straight through
- Turn **right** onto County Rd Q
- Turn **left** onto Wild Rd.
- Wild Rd. dead ends into Camp Ehawee
- Turn left and park in the large parking lots.



## Letter to My Counselor

Have your camper complete this letter to their counselor. It will help us get to know them better.

	Letter to My Counselor	
Dear Camp Counselor,		
Hi! My name is	but I like to be called	I am from
and I will b	e in grade in the fall. I rea	ally like learning
in scl	hool. My birthday is on	and I really hope I get
		for it!
Some things I really lik	te to do in my free time are	
and	But I really don't lil	ke
or	. One thi	ng that I think I'm really
good at is		. This
will be my year at	t camp. I am really excited to	come to camp because
		One activity I
would most like to try	is	
	I'm a little worried about	
but I know you'll help r	me out with that. The most in	nportant thing you need
to know about me is		·
I can't wait to have fun		
Sincerely,		