



Virtual Resources

There are so many great websites, activities and curriculums that you can use with your troop. Here are some great resources that you can use during your Girl Scout troop meeting or while out on a field trip or camping trip to enhance your Girl Scout troop's experience. Click on the title for curriculum guide or website.

Career Exploration	Health and Fitness	First Aid and Safety	Outdoors
Science, Technology, Engineering, Math (STEM)	General	Animals and Pets	Financial Literacy

Career Exploration



[Barbie Be Anything, Do Everything Curriculum](#)

Level(s): Daisy, Brownie

Program Description: Learn about all the amazing jobs women can do with this fun activity booklet.

[SciGirls Profiles: Women in STEM](#)

Level(s): Cadette, Senior, Ambassador

Program Description: Check out the lives of amazing women working in STEM in Minnesota.





[SCI: Science Career Investigation](#)

Level(s): Cadette, Senior, Ambassador

Program Description: Learn more about careers in life sciences, including education requirements, approximate salary, and how you'll use your work to make the world a better place.

Health and Fitness

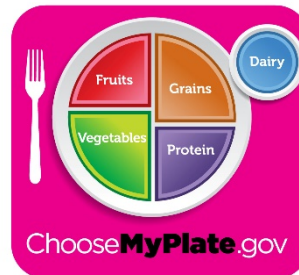
[Choose My Plate](#)

Level(s): Brownie, Junior

Program Description: Get to know the five food groups and learn the importance of an active lifestyle with this fun curriculum.

[Grades 3 & 4](#)

[Grades 5 & 6](#)



[Free Being Me](#)

Level(s): Daisy, Brownie, Junior, Cadette

Program Description: Build confidence and self-esteem while celebrating diversity with this inclusive guide. Curriculum is divided up by age and there's a leader guide too!

Free patch available.

[Ages 7-10](#) [Ages 11-14](#) [Leader Guide](#)

[Strong Girls Healthy Meeting Patch Program](#)

Level(s): All

Program Description: Help Girl Scouts make healthy choices during your troop meeting and share their habits with friends, family, and their community.

Free patch available.





Healthy Habits Journey Booklets

Level(s): [Daisy](#), [Brownie](#), [Junior](#)

Program Description: Combine your It's Your Planet – Love It! Journey with the Healthy Habits guide. Girls will learn all about the importance of energy balance on our planet and in their bodies.



Anti-Bullying Leader Guides

Level(s): [Daisy](#), [Brownie](#), [Junior](#)

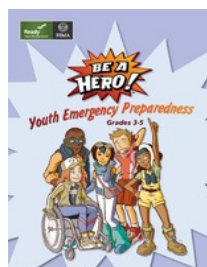
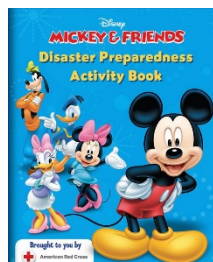
Program Description: Talk to your Girl Scout troop about bullying and give her the skills necessary to have healthy relationships.

First Aid and Safety

[Mickey & Friends Disaster Preparedness Activity Book](#)

Level(s): Daisy, Brownie

Program Description: Learn how to prepare for a real disaster with this fun online activity book.



Be a Hero! Youth Emergency Preparedness

Level(s): All

Program Description: Learn how to prepare for a real disaster with this printable resource book. Divided by grade level.

Grades: [1-2](#), [3-5](#), [6-8](#), [9-12](#)

Outdoors

[Camp Brandenburg Geocache Course](#)

Level(s): Junior +

Program Description: Have fun geocaching at Camp Brandenburg! GPS Units are available for checkout from the Madison Service Center Shop.



[Leave No Trace for Girl Scouts](#)

Level(s): Junior +

Program Description: Getting ready for the great outdoors? Spend a meeting or two learning about Leave No Trace principles and be a good steward to your environment!

[Outdoor Cooking](#)

Level(s): All

Program Description: Have tons of fun making your own dishes over the open fire with this all-inclusive guide to outdoor cooking.



Science, Technology, Engineering, Math (STEM)



[Amy Poehler's Smart Girls](#)

Level(s): Junior, Cadette, Senior, Ambassador

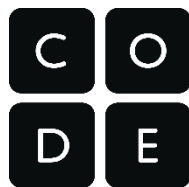
Program Description: Learn more about women leading the way in STEM at this fun website and blog for pre-teens and teens.

[Curiosity Machine](#)

Level(s): All

Program Description: If your girls love using their imagination, they'll love this great website full of fun design-based STEM challenges. Plus, connect with adult mentors online!





[CODE Studio](#)

Level(s): All

Program Description: Ready to start computer coding? Try this fun approach to computer science fundamentals and code your own game. You can do this program online and offline with fun unplugged lesson plans.

[Gemkids](#)

Level(s): Brownie, Junior

Program Description: Learn more about gems and minerals and explore the history of jewelry on this fun interactive website.



[SciShow Kids](#)

Level(s): Daisy, Brownie, Junior

Program Description: Learn some amazing and fun science facts from Hank Green & the SciShow cast on YouTube.

[Get Making with Get Moving!](#)

Level(s): Junior

Program Description: Doing the Get Moving Journey with your Junior Girl Scouts? Try out this fun add-on curriculum from the Maker Education Initiative! Make art-bots, airplanes, and circuits.



[Link Engineering Educator Exchange](#)

Level(s): All

Program Description: Girls love problem-solving so give them the opportunity with this fun resource. There are tons of lessons to try and even a podcast for volunteers & parents!

[NASA for Students](#) & [NASA Kids Club](#)

Level(s): All

Program Description: Check out all that space has to offer with programs from new Girl Scout partner NASA! Kids Club is great for younger girls and NASA for students has materials for all grade levels. Also try: [Women at NASA](#)



[PBS Design Squad](#)

Level(s): Brownie, Junior, Cadette

Program Description: What can you do with a sheet of paper, three paperclips, and a rubber band? Check out Design Squad to find out! Build amazing things using their fun challenge models, watch activity videos, and maybe find inspiration for your take action project!

[SciJinks: All About Weather!](#)

Level(s): Junior, Cadette

Program Description: Learn all about weather at SciJinks from NASA and NOAA. This is a great resource to combine with the Cadette Breathe Journey.



[PBS Plum Landing](#)

Level(s): Daisy, Brownie

Program Description: Learn about the water cycle with this fun and interactive series from PBS Kids. This is a great resource to combine with the Brownie Wonders of Water Journey.

[UW Women in Engineering: Grand Challenges Project](#)

Level(s): Cadette, Senior, Ambassador

Program Description: Learn about four women making a difference in engineering.





[Girls Learning Environment & Energy](#)

Level(s): Junior

Program Description: Combine your Get Moving Journey with this fun program from Stanford University. Patches are available when you complete the program.

[Natural Inquirer](#)

Level(s): Daisy, Brownie, Junior

Program Description: Inspire your Girl Scouts to take the lead in their environment with this fun resource from the USDA and the US Forest Service. This is a great resource to combine with your It's Your Planet – Love It Journeys.



Natural Inquirer



[The Secret Life of Scientists & Engineers](#)

Level(s): Junior, Cadette, Senior, Ambassador

Program Description: Scientists and engineers don't spend their lives in the lab! Learn more about some amazing women and men who are changing the world in STEM and making it fun! Video series features Kathy Reichs, Danica McKellar, Mae Jemison and more.

General Resources

[A Mighty Girl](#)

Level(s): All

Program Description: Learn more about books, toys, movies and music for smart and courageous girls. This is also a great resource for leaders & adult volunteers!



[Games for Girl Scouts](#)

Level(s): All

Program Description: Have a moment of down time in your meeting or troop outing? Try one of these fun games and get moving!

[Girl Scouts University](#)

Level(s): Adult Volunteers

Program Description: Learn more about Girl Scouts with these fun online workshops for volunteers.



[Girl Scout Songs](#)

Level(s): All

Program Description: Music is a big part of Girl Scouting, whether you're singing around the campfire or celebrating friendships with "Make New Friends." Learn hundreds of new songs for every occasion!

Animals and Pets

Badgerland Girl Scouts Zoo Guide

Level(s): Daisy, Brownie, Junior

Program Description: While you're at the zoo, checkout this fun activity guide and learn more about animals at the zoo.

