



Activity: Creative Reflection

Objective: Remember and reflect on your movement, using creative outlets.

Leader Prep: Gauging the interest level of your girls in specific types of creative outlets, determine whether they'd most enjoy art, music, prose/poetry, film or another type of creative expression. Personalize the supplies below to use in this activity.

Supplies:

- Art supplies
- Journaling supplies
- Scrapbooking supplies
- Movie-making supplies
- Music-making supplies
- Books or articles about art as activism (see suggestions)

Ways to Include Supporters:

- Invite supporters to join you for this reflection time
 - Invite supporters to view your reflective artwork
1. Use art supplies and whatever art style(s) you like (journaling, poetry, scrapbooking, visual art, music, or something else) to represent your thoughts and feelings about the Advocacy experience. Use your work of art to think about and respond to the following questions:
 - a. What was the easiest part of the experience?
 - b. What was the most difficult part of the experience?
 - c. What is your strongest memory of the experience?
 - d. How has this experience changed how you feel about yourself?
 - e. How has this experience changed how you feel about your issue?
 - f. Do you feel that you were successful? Do you feel that you were not successful?
 - g. What would you change, if you could?
 2. Examine some of the suggested works of art, created by artists that specialize in social justice artwork. What can you learn about the artist or their identified issue by experiencing their art?
 3. If you were to share the art you created in this reflective experience, how do you think it would impact your issue? Your supporters? Your policy changes?

Suggested Artworks

Invisible Homelessness by Luke Jerram
and 1625 Independent People

The Za'atari Project by Joel Arista

Fearless Girl by Kristen Visbal

I Love My Undocumented People by
Yosimar Reyes

Women Against Hate United by Love by
Kelly Parks Snider, Rachael Griffin &
Leigh Garcia

Adapted from "How to Make Time for Reflection in the Arts Classroom" by Sarah Reece-Cusey (2014)